

Badingham ECHO



HAPPY
Easter

February & March 2024

BADINGHAM DIARY

Village Quiz	Thu 1st February	Village Hall 7.30 - 9.30
Kurling	Thu 15th February	Village Hall 7.15 - 9
Coffee & Bacon Morning	Sat 17th February	Village Hall 10 - 12
Ceillidh	Sat 17th February	Village Hall 7.30
Parish Council Meeting	Tue 20th February	Village Hall 7pm
Bingo Night	Wed 28th February	Village Hall 6.30
Village Quiz	Thu 7th March	Village Hall 7.30 - 9.30
Coffee & Bacon Morning	Sat 16th March	Village Hall 10 - 12
Kurling	Thu 21st March	Village Hall 7.15 - 9
Parish Council Meeting	Tue 26th March	Village Hall 7pm
Bingo Night	Wed 27th March	Village Hall 6.30
Easter Sunday Benefice Service	Sun 31st March	Sweffling Church
Village Quiz	Thu 4th April	Village Hall 7.30 - 9.30

Regular Events

Wednesday Walks meet outside the Cafe at 10

Shop & Cafe opens Wednesdays & Thursdays, 10.30 - 12.30

Church Services - Please see the Upper Alde Link for full details

Latest Village News & Events

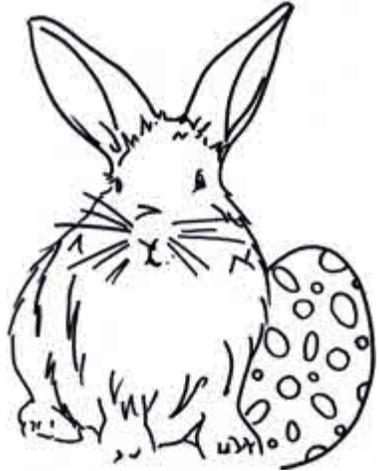
Check for updates on www.badingham.org.uk

Notes from the Editor

Easter Greetings – I know, it only feels five minutes since Christmas. I hope you were able to join in some of the festive events and activities in the village. We really enjoyed making our Christmas wreaths and everyone was proud of the creations, under Shirley's guidance. Michael and Jane organised a great Christmas Lunch with a fine meal and superb atmosphere in the Village Hall. At the lunch, Celia said the BCC would be pleased to host a Children's Christmas Party, like many of us remember from times past, and encouraged parents to get in touch to help put this into motion.

Thanks to Sonja for her Easter Picnic front cover. It doesn't feel quite like picnic weather yet, as we race from one storm to another. Work is soon due to start on the electricity line 'behind Butcher Baldry's' which has broken repeatedly with falling poplar trees. Thanks to Amber, Janet and Andrew for pressing UKPN for news on progress and compensation claims.

In the meantime, keep those camping lamps at the ready. Best wishes, Tish



The deadline for the next Echo is **15th March**

Please send your news / articles to Tish at Brick Kiln Farm , IP13 8LE
or by email to BadinghamEcho@gmail.com or call Tish on 638259

The ECHO is produced for the villagers of Badingham
by the Badingham Community Council
Registered Charity No. 274549

The Editor's decision on whether or where to place material is final. While every effort is made to check information published, the BCC does not endorse the accuracy or reliability of any article or advert within the magazine. E.O.E.



BADINGHAM

COMMUNITY COUNCIL

Although the end January, I hope it is not too late to wish all Badingham residents a Happy and Healthy 2024.

The BCC was involved in several village events towards the end of 2023.:

- Y Wreath-making – this proved a very enjoyable activity with participants taking home a festive decoration. We hope to be organise a similar evening later this year.
- Y Winter Market – the BCC contributed to this very successful event by donating money to buy gifts for Santa’s sack to be given to the children when they visited his grotto.
- Y Seasonal Gifts – 21 gifts of shortbread were distributed to Badingham residents just before Christmas. We do appreciate the letters of thanks received as it is always good to know any gifts left on doorsteps have been safely received.
- Y Bingo - there was a fantastic response to the first Bingo Evening and more are planned for every month through to June.
- Y Christmas Lunch – this very enjoyable lunch, organised by Michael, received a very positive response to the lovely meal followed by entertainment from a magician – his tricks were extremely clever and left us in awe.

Many future events are being planned, which we will be advertised in the Echo and on the village website.

Pauline Skevington
On behalf of Badingham Community Council

The BCC would just like to remind everyone about the regular ‘Little ERNIE’ draw that we run 6 times a year (it’s often called a 50:50 draw). It’s not too late to participate for the 23-24 season – the first draw will be in April. The annual stake is £5 and if your number is drawn at random you will win £15. You will have six chances to win and can win more than once if you’re in luck.

You can take part by completing a BCC membership form, available through our page on the Badingham Website, or contact us – bill.badinghamcc@gmail.com – from where you can also find out more about the draw.

BADINGHAM

COMMUNITY COUNCIL

have great pleasure in inviting you to



MUSIC NIGHT

Saturday 11th May 2024

6pm for 7pm

at Badingham Village Hall

Presenting..... **Bruce Aldred**

Singer and Entertainer

Swing - Soul - Rock n Roll - 60s - Country - 80s Pop

Members £15 ~ Non-Members £18

** includes a hot supper **

Tickets from:

Sonja 01728638268 / geoffreyrussell268@gmail.com

Michael 01728638270 / michael36@hotmail.co.uk

Ceilidh!

with Syzewell Gap



Dances called
by

**Trevor
Beckford**

Dance the evening away to the infectious rhythms and tunes of Syzewell Gap, one of the region's foremost ceilidh bands.

**Tickets £10 (£5 for children)
and include a ploughman's supper.**

(bring your own drinks!)

**Saturday 17th February at 7.30pm
Badingham Village Hall**

Tickets: ticketsource.co.uk/badingham-village-hall

(booking fee of 50p per ticket applies),

or from the Badingham Community Café, or 01728 638130

BADINGHAM VILLAGE HALL

Saturday 17th February 7.30pm - A Valentines Ceilidh with Syzewell Gap providing the music and caller Trevor Beckford explaining the dances. There will be a ploughman's supper and bring your own drinks. Tickets are £10 (children £5) and are available from the café, 01728 638130 or online from

www.ticketsource.co.uk/badingham-village-hall

Art and Crafts Class – we are hoping to start a regular session in the spring if enough people are interested. If you want to know more or register an interest please contact Caro Burberry caro@caroburberry.com or 07903 898804

The winter market, January quiz donation and the tabletop sale and coffee morning made well over £500 for village hall funds. It all helps to keep us going so a big thank you to everyone involved.

If you would like to join our group of volunteers or would like to receive email updates about village hall activities please contact Martin martintclark@gmail.com.

We will soon be starting preparations for planting herbs and shrubs. If you would like to join us for a working session outside please get in touch.

Church Book Shop

Thank you to all who are visiting the Book Shop both to buy and donate books. The shelves are piled high with some interesting titles. Come and have a look and you are sure to find something you have been meaning to read. At only 50 p a book, these are real bargains. Don't forget your cash. All proceeds support the Church.

We can collect donations of books locally - Patricia 638078

BOWLS CLUB

Interested in joining
Badingham Bowls Club?

Call Ann 638760

We are a friendly, social
club with the emphasis on
enjoying the game - good
results are a bonus!

HAVE A GO AT KURLING

Join us in the Village Hall
on the 3rd Thursday of
the month, 7.15 - 9pm

£2.50 per person includes
tea/coffee and biscuits

BADINGHAM & DENNINGTON BELL RINGERS

We meet for practice every Thursday evening at 7.30pm
at Badingham or Dennington church

NEW RINGERS NEEDED

If you haven't rung before don't worry, come along and try,
we will teach you how it's done.

Interested in having a go? Call Matt 638070 or Bob 638288

THE SLOW READERS BOOK CLUB

Meet alternate months on a
Friday evening in the café
for wine and nibbles and a
discussion on the books we
have read.

Call Caroline 638585

BADINGHAM GARDENING CLUB

Our afternoon meetings are
held on the first Thursday of
the month, when we enjoy
tea and cake and a look
around members' gardens.

Call Dee on 621016

Thank you!

Sonja's BIG Thank You

Firstly, thanks to the Café and Village Hall for such an enjoyable Christmas Market – one of the best. Father Christmas was busy in the Grotto; I found myself directing families to him – can he have sign for 2024?

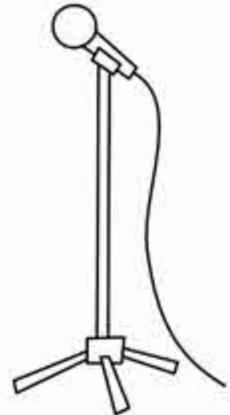
Another big Thank You to Michael and Jane for organising the BCC Christmas Lunch. The food was excellent and the magician was great fun. Those of you who didn't come missed a wonderful afternoon but we hope to hold another this year.

Well done to all involved, Sonja x

Music Night

We will be entertained by Bruce Aldred, a multitalented singer and entertainer at the BCC's Music Night on Saturday 11th May in the Village Hall. Tickets include a hot supper.

Bruce travels around pubs, holiday camps and clubs etc and signs an eclectic mix of well-known tunes. He comes highly recommended by my Louise. Tickets are limited to 50, to give us space for dancing and dining. An evening not to be missed. Contact myself 638268 or Michael 638270 for your tickets.



Volunteers wanted!

I would like to thank all those people who take part and help out at our events and activities. Your support is always appreciated. For the Music Night we will need help setting up tables, checking tickets, serving food and drinks and clearing up afterwards. If you can lend a hand, please give me a call on 638268.

Thank you again, Sonja

Badingham Shop & Café

Café email: Badinghamshopcafe@gmail.com

Facebook: Badingham Village Shop and Café

Website: badingham.org.uk/Badingham-cafe



Welcome to a New Year at the Café!

Looking back to November our fourth Winter Market was a huge success, and we thoroughly enjoyed partnering with the Village Hall Committee to bring you a delightful, well-planned event on your doorstep. We had a variety of interesting stalls to buy gifts from, tasty chilli to eat, hot mulled wine to keep us warm, home-made mince pies and wonderful entertainment from ukeleles and a melodeon. A great time was had by all, thank you to everyone involved in creating and attending this splendid village event.

We would also like to thank The Badingham Community Council for funding Father Christmas's gifts for the children of Badingham.

At the beginning of December we held a Christmas gathering to thank our wonderful Café volunteers. It was lovely to see so many of those who work so hard to keep the Café up and running and provide the delicious bakes throughout the year – a huge thank you to all our amazing volunteers.

We also hosted our popular Carol Singing evening in December, helped along with mulled wine and music joyfully played by Janet Barwell and Martin Gregory. The Café roof was raised by about twenty carolers and a great time was had by all! The Café Christmas Raffle was won by Jennie Collins – a delicious treat just in time for the holidays.

Each year we sell Christmas cards on behalf of the Suffolk Wildlife Trust, and this year you bought 26 packs – thank you for helping to raise money for this worthwhile charity.

During January we've been open on Wednesdays only; this changes in the first week in February when we go back to opening **Wednesdays and Thursdays, from 10.30am – 12.30pm**. The Wednesday Walks continue every week, meeting at 10am at the Café. We look forward to seeing you in this sociable space for friendship, coffee and cake.

We have some exciting plans coming up for 2024 including a few new events. Look out for a **Spring Walk and Champagne Brunch on Saturday 20th April**, an alternative to our Step Forward Brunch as clocks go forward during Easter weekend this year. We also have two 'restaurant' events planned for the Summer – by popular demand our French Evening is returning and also an exciting but yet to be announced surprise!

If you would like to find out more about the events organised by the Café, or perhaps join our volunteers, do email the address at the top of the page to be added to the Friends email list.

See you in the Café!



Badingham Kurling

Members finished another successful year in December 2023 by having the popular Christmas Fish & Chip night.

The fish & chips were kindly collected from Framlingham by our two Fram members Linda & Brian. The hall was inviting with Christmas lights, festive tables & crackers. 19 of us sat down to enjoy the evening. Everyone brought their chosen tippie and Stephen provided some foot tapping music on his accordion which added a sparkle to the evening.



There was a Kurling 'Bullseye' competition, Hoopla (provided by Jocelyne & Errol) and a quick fire 'Sweetie' quiz (provided by Helen). Jocelyne won the Bullseye prize and Phillip and Marion the Hoopla & quiz prizes.

Kurling is held on the 3rd Thursday of the month in the village hall 7.15-9pm.

Cost £2.50 - no special skills required! Tea/coffee & biscuits included.

Our next night is Thursday February 15th 2024

Joyce & Ray

BADINGHAM NATURE DIARY

Paul shares his notable sightings from Pollards and around the village. We would love to hear what you have spotted, in your garden or on walks around the village.



8 November	Fieldfare	25+
15 November	Stoat	Carr's Hill
21 November	Lapwing	12+
11 December	Tawny Owl	
12 December	Long-tailed Tit	10(?) on feeders
14 December	Barn Owl	Red House Farm
23 December	Bullfinch	Male
29 December	Greenfinch	12 - possibly a record

What birds have visited your feeders during the recent cold snap? I caught a glimpse of a Great Spotted Woodpecker plus a lively group of long-tailed tits.



BINGO EVENINGS have been organised for the
last Wednesday of each month

**** 28 February ** 27 March ****

Badingham Village Hall

6.30 for a 7pm start

Cash only

Please support this new venture

BADINGHAM NEIGHBOUR- HOOD WATCH

Sonja Russell -
Lead Co-ordinator

Tel: **01728 638268** or Email:
geoffreyrussell268@gmail.com



I hope everyone had an enjoyable and safe Christmas! Happy New Year to you all.

Good News

Following a very successful bid to the Home Office, Suffolk Police have secured over £990k from the Safer Streets Fund to support a variety of initiatives to address anti-social behaviour, violence against women and neighbourhood crime.

As we all know, Suffolk is one of the safest areas in the country but bad behaviour and crime prevention still need to be tackled.

East Suffolk Council has been allocated a third of the figure to fund higher quality CCTV in Lowestoft, and provide outreach activities for young people who are at risk of being excluded and perpetrating neighbourhood crime.

Ipswich Borough Council's allocation will be focused on a number of hotspots around town, including small shopping arcades, churchyards and riverside areas. This will include improved CCTV, lighting and fencing, Crimestopper Zones and adult outreach support.

Trading Standards

Trading Standards has partnered with Trusted Trader to launch a safe scheme in Suffolk where traders can sign up to be accredited members of the scheme. This allows residents to find local traders they can trust. Website: www.trustedtrader.team

Dog Theft

Over 1800 dog thefts have been reported over the past two years. Puppy smuggling, illegal breeding and organised theft are serious crimes. It is most important you keep watch over your dogs – I know of one attempted theft near Dennington. Contact Crimestoppers anonymously if you have any suspicions or information.

Finally, have a great Easter, be safe on your travels and lock up everything when you go away.

Sonja

Badingham Recorder

Andy's Facebook group Badingham Recorder has grown to 75 members since being launched last January. Photos and memories of Badingham of yesteryear are shared alongside newspaper clippings and recent images. It's definitely worth a look for anyone interested in Badingham, past and present.

ST JOHN THE BAPTIST'S CHURCH BADINGHAM



COFFEE & BACON ROLLS

SATURDAY 17th FEBRUARY

&

SATURDAY 16th MARCH

Village Hall - 10am - 12 noon

Vegetarian, vegan and gluten-free is available.

Join us for a tasty treat with your morning coffee and a chance to meet up with old friends and to make some new friends.

Everyone is welcome

CRIB SERVICE

Thank you everyone who braved the wind and joined us for our Crib Service on Christmas Eve. It was lovely to see so many people.

Father Martin commented at the end that he had taken many open air services over the years but never one in quite such a gale force wind!

Our collection for The Children's Society was £103.20. All contributions to support the valuable work that they do is always appreciated.

FOOD BANK COLLECTIONS

Thank you also everyone who donated to the food bank over the Christmas season. The collection point will remain in the church while the weather is so cold.

Thank you Patricia, who makes sure that the contributions are taken to the Food Bank centre in Eye each month.

Walking through the churchyard on a very cold, frosty but beautifully bright morning in early January it was lovely to see the first snowdrops beginning to flower, a reminder that spring is somewhere in the not too far distance.

SUNDAY 31ST MARCH - EASTER SUNDAY
BENEFICE HOLY COMMUNION SERVICE
AT SWEFFLING CHURCH

EVERYONE WELCOME

Please keep an eye on the notice boards for details of time or contact Ann ALSO, if anyone who would like transport, please get in touch with Ann - 638288

As many of you will know, our Priest in Charge, The Reverend Martin Percival is retiring at the end of February. His last service will be on Sunday, February 25th, 11 am at Dennington Church. Everybody will be most welcome to this service.

It is hoped that our normal pattern of services in Badingham will continue at 11am on the 1st and 3rd Sunday of each month.

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VILLAGE QUIZ NIGHTS

A quiz is held on the first THURSDAY of each month
7.30-9.30 pm in Badingham Village Hall

Tables of up to six people (£3 per person)
Please bring your own nibbles, drinks and glasses

Proceeds to local organisations

February 1st - RNLI

March 7th - Framlingham Scouts & Guides

April 4th - Hour Community

£84 raised for Badingham Village Hall at January quiz

Quiz Nights are sponsored by Badingham Community Council

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LIBRARY NEWS: THE WONDER OF WORDS

As we start 2024 we are looking at the wonder of words. We have three author talks lined up, a children's design project to announce, StoryFRAM and some questions to ask you...

StoryFRAM - Five minutes recounting a engaging memory. Join a group who tell tales from their lives. This is a great way of building public confidence and sharing your tales of life's experiences with others. Come along and be a storyteller and/or listener in Fram Library, every 2nd Tuesday from 2-3pm, starting 9th January 2024.

On Saturday February 3rd at 2:30pm we welcome LC North, author of Clickbait. Lauren writes psychological suspense novels that delve into the darker side of relationships and families.

On Monday 26th February at 7:00pm join Russell Webb talking about Love Beyond Love. This very personal and moving love story takes us from the anticipation of the very first date through to the moment of the very last breath and is raising funds for cancer and fire services charities.

On Thursday 14th March at 7:00pm we have Louis de Bernières, who is raising funds for Framlingham Library in collaboration with Framlingham Book Shop and Ottie and The Bea. Louis will be sharing his poetry and talking about Light over Liskeard, his latest novel. During February half term we will be asking children to share a Library in a Box – their design ideas for how our new children's area could look. At the time of writing, we have raised over £4,000 towards our target – thank you!

We want to hear from you. We have been asked about running a Menopause and Me Group, let us know what you think. We are also considering offering Leisure Learning courses in photography/ languages/history – what interests you? And if you have not already done so, please give your feedback to Suffolk County Council on the future of Suffolk Libraries. There is an online survey here <https://bit.ly/suffolklibrarysurvey>, or we have paper copies in the library if you prefer.

See you in the library!
Vivia Bamford

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www.willowcottagesuffolk.co.uk

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tc.building.carpentry@gmail.com

Quotes, references and pics available

TRY Something NEW

Try Something Different in 2024...

I hear that the Book Club and Gardening Club are currently at capacity for members, meeting as they do in members' homes and gardens, but there are other activities you might like to try. Why not have a go at Bowls, Kurling or Bell-Ringing? These groups would be more than happy to see you.

Bowls is a summer afternoon / evening pastime, based at the White Horse Inn but travelling to compete against local teams. You will find Kurling is less competitive – a group of up to 20 meeting in the Village Hall once a month for a few friendly games and a cuppa.

Bell Ringers meet on Thursday evenings, alternating between Badingham and Dennington, and is suitable for all ages. I hear there are some new recruits who have taken up ringing as an activity towards their Duke of Edinburgh's Award. Our bells are rung at church services, weddings and national occasions.

On 6th June 2024 there is to be a worldwide *Ring Out for Peace* as part of the D-Day 80 Anniversary, commemorating the largest naval, air and land operation in history; an action which would bring about the liberation of North Western Europe from Nazi occupation.

Be proactive - if there is a pastime that you enjoy, share that with others as a one-off or regular activity. Celia is introducing Bingo Nights and Martin is asking if you would be interested in Arts and Crafts classes. If you have talents to share, stories to tell or ideas for group sessions, they would be most warmly welcomed.

***** HAPPY NEW YEAR FROM
BADINGHAM PARISH COUNCIL *****

Just a reminder that all meetings are held in the Badingham Village Hall and will start at 7:00pm unless otherwise advised, usually on a Tuesday evening.

Members of the public are welcome to attend and may speak about an item on the agenda or an item to be included in a future meeting.

Meeting agendas and minutes are published on the notice board and on the website: www.badingham.org.uk

Rescheduled dates for your diary:

20th February

26th March

7th May

28th May: Annual Meeting of the Parish Council (AGM)

28th May: Annual Meeting of the Parish (APM) will be held immediately before the AGM above.

**** NEWS TO SHARE FROM OUR DISTRICT COUNCILLOR, VINCE
LANGDON-MAURICE ON FRAMLINGHAM POST OFFICE ****

After the horrible floods on 20th October, our Post Office has had to temporarily relocate into Bulstrodes shop (off the town square) whilst their flood damaged premises on Riverside are renovated. Unfortunately this has led to yet another business loss for our town. Royal Mail (*which is a separate, private company from the Post Office*) has decided to move its letter and parcel sorting operations from Framlingham to Saxmundham, including moving all of our posties!

Members of the Town Council, working with our MP and myself, are trying to bring our sorting office back to Framlingham Post Office. There are plenty of good reasons why Royal Mail Sorting should do this:

- Discontinuing Fram sorting operations and moving us to Saxmundham is going to cost us and Royal Mail (*and our planet*) far more than just simply remaining in our town (*the rent cost to Royal Mail is approximately £25,000 annually. Note that Royal Mail generated over £12 billion in revenues in 2022, this is a tiddly sum by comparison but has a very large impact on our town*).

- Y Some back of the envelope calculations to try and represent the true “cost” to us. We have on average seven posties working daily around Framlingham. According to the AA's mileage calculator the distance between Framlingham and Saxmundham Post Office is 7.67 miles. Assume 15 miles a day for a post van going back and forth. *Ergo*, 105 miles per day delivering post for 50 weeks equalling 36,750 additional miles annually. At 45p a mile that's £16,537 alone. According to *My Climate Carbon Calculator* this mileage equals **20.1** metric tons of carbon dioxide lost to the atmosphere annually.
- Y Most of our posties are based in and around Framlingham, so this requires a half hour drive each way to Saxmundham daily, so **double** all the figures shown in the point above!

The decision by Royal Mail to move our sorting office from Framlingham to Saxmundham has an enormous social, financial and climate **cost** that far outweighs the minimal annual expense and multiple benefits of simply staying put! For more detail about the multiple benefits of having a fully functioning Post Office in our local town visit: [part-and-parcel-the-economic-and-social-value-of-post-office.pdf](https://www.onepostoffice.co.uk/part-and-parcel-the-economic-and-social-value-of-post-office.pdf) (onepostoffice.co.uk)



Rainfall at Red Barn Farm

In 2023 we had 36.75 inches of rain (933.45 mm).

200 dry days and 165 wet days.

In 2022 we had 19.8 inches of rain (502.92mm).

240 dry days and 125 wet days.

In the first 5 days of 2024 we measured 2 inches of rain.

Bob has kindly shared his rainfall records. For last year, it shows nearly 17 inches more rain than the year before. When you consider there was roughly 20 inches for the whole of 2022, you can understand why the ground is sodden and unable to absorb more heavy rainfall.

What have you tipped out of your rain gauge?

Pauline Wardley has kindly copied her mother, Dorothy Sparrow's, souvenir programme for the Coronation Celebrations at Badingham for Queen Elizabeth II.

CORONATION DAY, JUNE 2nd, 1953

Celebrations at Colston Hall
(by kind permission of Mr T. F. Jack)

- 3.45 General Assembly
- 4.0 Children's Sports
- 5.0 Tea for all
- 5.30 Complete Children's Sports, followed by Sports for all
- 6.0 Beer will be served
- 8.55 Broadcasting
- 9.0 THE QUEEN'S SPEECH

God Save The Queen

The Bonfire

The Children's Sports started with 100 yards handicap, for Boys and then Girls, 11 – 14. The 80 yards distance for the 7 – 11 year olds and 50 yards for the under 7s.

50 yards was also the distance for the Wheelbarrow, Egg and Spoon, Sack and Skipping races. There was also a Bunny Race for the under 7s and Toddlers aged under 5.

Three souvenir prizes were given in each children's race.

Cash prizes of 5/- for 1st place, 3/- for 2nd and 2/- for 3rd were offered for the adult races. These were grouped as boys and girls of 14 – 16 years, single women over 16, married women, men 35 – 55 and men over 55.

Men and boys who had left school could take part in the wheelbarrow or sack races. Also a Family Relay Race, with each running 50 yards.

There were also open 100 yards and half-mile races – and a slow bicycle race, an obstacle race and Bobbing Apple. Also a Ten-Pins competition for men.

Chairman of Organising Committee Mr R Carley
General Hon Secretary and Treasurer Mr R H Chilvers
Catering Mrs Boswell
Sports Hon Secretary Mr Gordon Chambers

The Quiet Gardener

Working for you with nature

Richard Rackham is experienced in all areas of garden maintenance. Most recently the gardener of the Old Rectory, Orford, he has relocated to the Framlingham area and can offer regular maintenance on a weekly or fortnightly basis. Only cordless battery tools used. Rate: £15 ph.

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Dr Dan Poulter MP

Member of Parliament

for Central Suffolk & North Ipswich

With the hustle and bustle of Christmas and the New Year festivities firmly behind us, it seems like the opportune time to take a few moments and reflect back on some key highlights and events of 2023.

Last year saw the coronation of His Majesty King Charles III, a day of great celebration for many across the country and of course, here in Central Suffolk and North Ipswich. It was an historic moment and once again, our communities rallied together to host an array of coronation events in celebration of this once in a lifetime event.

Sadly, many of us were also impacted by the once in a generation flooding caused by Storm Babet in late October and I was pleased to play my part in securing the flood recovery relief fund, thanks to my direct intervention with the Prime Minister. I continue to support residents as they recover from the flooding and continue to press our local councils to work together to get this money out to residents as quickly as possible in order that recovery works can get underway.

Representing the views of residents here in Central Suffolk and North Ipswich remains, as ever, my top priority and throughout 2023, I have enjoyed visiting many schools, businesses, charities, health settings and other voluntary organisations. My team and I have dealt with thousands of casework enquiries from individuals needing help throughout the year and I have received over 15,000 emails on topics such as health services, the Israel Gaza conflict, animal welfare, energy and the environment.

As a practising NHS hospital doctor, healthcare continues to be a top priority for me and it is vital that residents have access to high quality healthcare services. I continue to remain focused on securing a new GP practice in Needham Market, which will support residents living in and around Claydon, Barham, Great Blakenham, Henley and the surrounding villages.

I continue to support residents in the fight against National Grid's Norwich to Tilbury pylon proposals and as a key member of the Energy Security and Net Zero Select Committee, and also the OffSET group of MPs, I have long supported an offshore route as the preferred option for energy transmission. In recent weeks, I met with the Defence Secretary to discuss my concerns over the impact of the pylon proposals on the operability of military flights in and out of Wattisham Air Base. This will continue to be a key focus for me moving into 2024.

Supporting our farmers and rural communities has also been a continued focus this year, and I have pushed for greater support for our sugar beet farmers in their recent round of negotiations with British Sugar.

Visiting schools across Central Suffolk and North Ipswich remains a key part of my role and as ever, I will continue to push central government for further funding to ensure that every child in Suffolk has the very best start in life.

As ever, I look forward to meeting many of you at events during the coming months and in the meantime, would like to take this opportunity to thank you for your support and wish you a happy, healthy and prosperous 2024.

For help call 020 7219 7038 or email daniel.poulter.mp@parliament.uk

LOCAL TRANSPORT

Service 118 Eye, Stradbroke, Laxfield, Framlingham, Ipswich

Monday – Friday (Schooldays only)

Stradbroke	07:15	Ipswich, OCM	17:15
Laxfield	07:21	Otley College	17:35
Pound Corner	07:30	Framlingham, White Horse	17:59
Badingham, White Horse	07:31	Badingham, White Horse	18:06
Framlingham, Bridge Street	07:51	Pound Corner	18:08
Otley College	08:19		
Ipswich, Old Cattle Market	08:43		

CATS (Coastal Accessible Transport Service) 01728 830516

Booking hours:

Mon-Fri - 8.45am - 4.00pm

Service hours:

Mon-Sat - 7.00am - 7.00pm

CATS provide transport services to people in coastal towns and villages when access to public transport is not available. Volunteers drive minibuses, wheelchair friendly vehicles or use their own cars.

Route 522 from Peasenhall to Leiston, via Saxmundham

Bus leaves Peasenhall Chapel St at two hour intervals from 07:53 to 13:53, calling at Waitrose Saxmundham at 08:16 to 14:16 and Leiston High St at 09:26 to 15:26. Returning to Peasenhall at 09:52, two hourly to 15:52.

Katch bus service - operated by CATS

KatchaLift.com operates between Fram, WickhamMarket, Campsea Ashe and Snape. Book via the app or call 01728 635939 (8.30am to 4pm).

High Suffolk Community Bus

Mini bus from Tannington and Worlingworth make regular trips to Ipswich, Diss, Bury St Edmunds and Norwich. See Combus.org.uk for more details.

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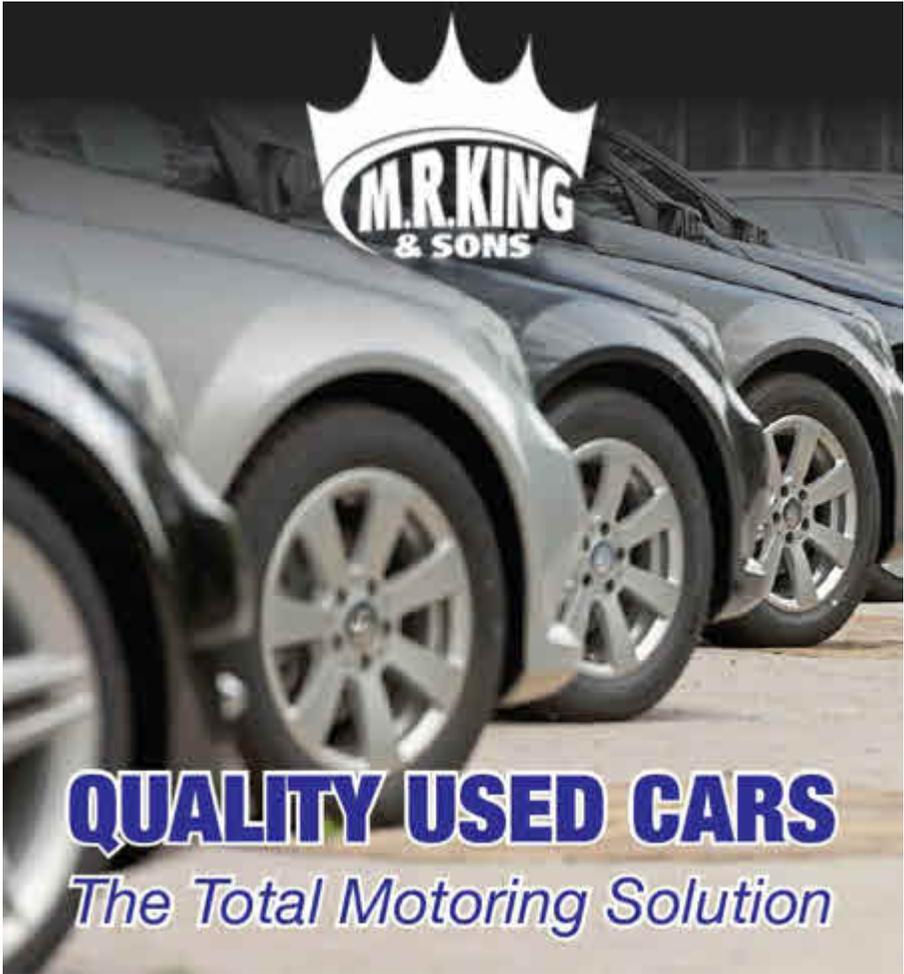
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POLICE - Framlingham	Fire Station, Saxmundham Road	Dial 101
	Staffed by volunteers on Mon, Tue, Thu & Fri	9am - 1pm
DOCTORS	Pembroke Road, Framlingham	01728 723627
DENTIST	Framlingham Dental Surgery	01728 723651
VET - Castle Vet Group	Pepperwash Lane, Framlingham	01728 723480
VET- Framlingham Vets	Station Road, Framlingham	01728 621 666
Peasenhall Post Office	The Street, Peasenhall	01728 660 060
Play School	Michele Cole	01728 638776
Primary School	Dennington	01728 638206
High School	Thomas Mills, Framlingham	01728 723493
Library	Bridge Street, Framlingham	01728 723735
Newspapers	Patricks of Framlingham	01728 724414
DIY Materials	Framlingham DIY	01728 723505
Taxi Service	Country Cars	01728 724377
Window Cleaner	Prestige Window Clean	07538 585431
Fresh Fish Van	Spencer Wightman	07929 097124
Church	Ann & Bob Foster	01728 638288
White Horse Inn	Moss & Co	01728 580107
Community Council	Rob Johnston	07939 235417
Community Gardens	Janet Barwell	01728 638089
Neighbourhood Watch	Sonja Russell	01728 638268
Oil Syndicate	Janet Barwell	01728 638089
Parish Council Chair	Thomas Mountain	07984 033345
Parish Council Clerk	Caroline Byrne	01986 798765
Village Hall bookings	Charles Bainbridge	07734 527808

Remember, if you **Need a Hand** while you can't get out and about, there is a team of willing people ready to help - call Karen on 07587 173755